

NETAJI NAGAR COLLEGE FOR WOMEN

(Affiliated to University of Calcutta, West Bengal)

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NSS UNIT-I AND NSS UNIT-II

NSS AWARENESS PROGRAMME ON DENGUE PREVENTION

2020



SNo.	Name	Department	Dengue Prevention Awareness Message by NSS Volunteers
1.	Priyanka Mandal	Environmental Science	<p><i>"The MOSQUITO is LITTLE, BUT has BUGS in their SPITTLE; Their BITES may NOT HURT US very much, BUT the DISEASE they give that HURT US very much...</i></p> <p><i>So keep your Surrounding CLEAN and STAY HEALTHY"</i></p>
2.	Sayantika Chakraborty	Zoology	<p><i>Along with COVID 19, Dengue is another terrific villain against which we all have to fight equally. So keep yourself aware of this disease by applying necessary preventive measures and spread this awareness among people whom we badly need in this worldwide war-----</i></p> <p><i>If together we fight, Dengue will fright.</i></p>
3.	Anamika Mondal	Zoology	<p>ডেঙ্গু প্রতিরোধের উপায়</p> <ul style="list-style-type: none"> ➤ ঘরের চারপাশ পরিষ্কার করে রাখুন, বাড়ির বাইরে ও ভিতরে মশার প্রজননের স্থান ধ্বংস করেদিনা ➤ ঘরের ভিতরে নিয়মিত সূর্যের আলো প্রবেশের পথ নিশ্চিত করুন। ➤ বাড়িতে জমে থাকা খালি বোতল ফেলেদিনা

			<p>➤ সবশেষে মশা তারানোর ওষুধ ব্যবহারের সাথে সাথে রাতে মশারী টাঙাতে ভুলবেননা।</p>
4.	<i>Shilpa Das</i>	<i>Zoology</i>	<p><i>Aedes mosquito causes this febrile illness. Awareness is an important factor for preventing dengue in the community. Government should utilize methods of mass communication for educating about mosquito borne diseases. There are currently no vaccines. The best preventive measure is to removing stagnant water that can help reduce the risk.</i></p>
5.	<i>Anisha Begum</i>	<i>Environmental Science</i>	<p><i>A dengue mosquito cannot fly Higher than your knees. So please always cover your Knees part to prevent dengue.</i></p>
6.	<i>Tuli Dam</i>	<i>Bengali</i>	<p><i>Dengue fever is a mosquito-borne tropical disease caused by the dengue virus (Aedes mosquitoes). Symptoms - High fever, Head-ache, Vomiting, Muscle and joint pain. Prevention - Avoid water logging, Decrease mosquito Exposure and dengue fever vaccine.</i></p>

			<p><i>Treatment - Supportive care, intravenous fluids, blood transfusions, daily check-up.</i></p> <p><i>Recovery generally takes two to seven days. Stay safe and avoid, as the disease can take your life.</i></p>
7.	<i>Tripti Baidya</i>	<i>Zoology</i>	<p><i>Remove water from coolers or other small containers at least once in a week. Use aerosol during daytime to prevent the bites of mosquitoes. Do not wear clothes that expose arms and legs. Use mosquito nets or mosquito repellents while sleeping during daytime.</i></p>
8.	<i>Prarana Saha</i>	<i>Zoology</i>	<p><i>"Have a Bite to Eat, Stop a Bite That Kills."</i></p>
9.	<i>Koena Das</i>	<i>Zoology</i>	<p><i>Keep your house clean and tidy, Do not leave stagnant water lying anywhere in or around the house, use anti-mosquito sprays, wear long sleeved shirts and long pants. Use mosquito net keep the window close in the evening. Use mosquito repellent cream</i></p>

10.	Rhitu Debnath	Zoology	<p>1. Awareness: use mosquitoes repellents/mosquito net ,Wear long sleeved shirts & long pant when outdoor, Seek early consultation if with fever, pour all the water staged in plastic tyres, coconut shells etc . that breed your home ,clean your yard regularly & remove the water staging materials., Cover water tanks pipes, bins with proper net,</p> <p>2. Prevention: The important way to prevent & control dengue is to eliminate favourable sites of Aedes mosquitoes, Maintaining cleanliness of the surrounding & discarding containers that collect water suitable for breeding....</p>
11.	Sohini Sarkar	Zoology	<p>The goal of the dengue awareness lecture series is to promote the recognition of dengue haemorrhagic fever and improve the understanding control of the Aedes aegypti mosquito, the principal mosquito vector of dengue virus.</p> <p>No vaccine can protect against dengue fever. Only avoiding mosquito bites can prevent it. Use of mosquito nets and using insecticide in locality is the only way to prevent it.</p>

12.	Rajasree Baidya	Environmental Science	<p>Cover your window and doors with net screens. ...</p> <ul style="list-style-type: none"> ➤ Using Mosquito repellent. Tulsi plant and Lavender oil are good mosquito repellent. ➤ Spray pesticides in the corners. ➤ Get rid of stagnant water.
13.	Priyanka Raut	Zoology	" BE PROACTIVE AND KEEP YOURSELF SAFE FROM DENGUE OTHERWISE MOSQUITOES WILL MAKE YOU CAPTIVE "
14.	Sushmita Dasgupta	Zoology	<p>Dengue fever is a mosquito borne disease caused by dengue virus. It's symptoms include fever, head ache, muscle and join pains and rash resemble measles. The presence of muscle and join pain gives an alternative name to the dengue fever as break bone fever. The disease is transmitted by the bite of certain species of female AEDES MOSQUITO. Adult mosquito usually rest indoors in dark areas (closets,</p>

			<i>tubs, under beds, behind curtains) and bite on the human body. It's prevention drink high amount of water, don't locked water in tubs or etc.</i>
15.	<i>Arunima Bhowmik</i>	<i>Environmental Science</i>	<p><i>Prevention is better than cure so prevent breeding of mosquito by not allowing stagnant water and prevent dengue and mosquito born disease.</i></p> <p><i>Even a single mosquito can be dangerous for human life so always use mosquito net or repellent, wear full cloths and remove stagnant water from everywhere.</i></p>
15.	<i>Madhurima Das</i>	<i>Zoology</i>	<i>He who cures a disease may be the skill fullest, but he that prevents it is the safest physician. Fight today, live tomorrow. Stop mosquito to breed by spraying chemicals. Avoid the collecting water near your surroundings. Nip the mosquitoes in the bud before they suck your blood.</i>

16.	Ananya Patra	Environmental Science	<p>How to prevent dengue?</p> <ol style="list-style-type: none"> 1) Protect your self 2) Wash your hand regularly with soap or hand wash 3) Wear long sleeve shirt and long pant also 4) using mosquito repellent 5) spray pesticide in the corner 6) cover your door and window with net screen
17.	Upasana Chakraborty	Environmental Science	<p>The female Aedes mosquito is the main vector that transmits the viruses that cause dengue. Prevention is always better than cure.... Way to prevent dengue and protect ourselves:</p> <ul style="list-style-type: none"> ➤ Clean up standing water. ➤ Use mosquito net. ➤ Cover your arms and legs. ➤ Clean daily garbage.

18.	<i>Dona Samanta</i>	<i>Environmental Science</i>	"ছোটো বলে, তুচ্ছ মনে করে অবহেলা করছেন কিন্তু মনে রাখবেন এই একটা ছোটো মশাই কিন্তু ডেঙ্গু জ্বরের কারণ যা কিন্তু আপনার বা আপনার পরিবারের মানুষের জীবন সংশয়ের কারণ হতে পারে তাই অবহেলা না করে সাবধানতা অবলম্বন করুন।"
19.	<i>Prativa Gayen</i>	<i>Environmental Science</i>	<i>Dengue fever, also known as break bone fever, is a mosquito born infection that can lead to a severe flu-like illness. It is caused by four different viruses and spread by Aedes mosquitoes. There are currently no vaccines. The Center for Diseases Control and Prevention (CDC) estimate that 400 million people are infected each year.</i>
20.	<i>Tania Das</i>	<i>Environmental Science</i>	<ol style="list-style-type: none"> 1. Turn over empty pails and buckets so that they do not collect excess water. 2. Cover the buckets and drums that are used for storing water. 3. Clean out all empty flower pots. 4. Ensure you do not over water potted plants. 5. Clean and empty water bowls of domestic pets at home and the water bowls of birds in the balcony.

			<p>6. Repair broken septic tanks and cover vent pipes with wire mesh if any.</p> <p>7. Discard the plants that you keep in water at home.</p> <p>8. Wear clothes that can cover you completely. Wear long-sleeved shirt, long pants and closed-toe shoes instead of sandals.</p> <p>9. Apply mosquito repellents whenever possible or wear mosquito patches.</p>